



## Welcome to Saint-Petersburg Toastmasters Club

### TOASTMASTERS

We see leaders all around us –our parents, coaches, teachers, businessmen, mentors, managers. We admire them. We want to be like them. We want to be leaders. Good news is its possible. We can choose a place which will help us be leaders. It's called Toastmasters.

Toastmaster clubs are a worldwide network of clubs which provide a fun and friendly atmosphere and learning environment in which club members can hone their ability to lead and communicate with people, developing as a person and gaining confidence in their own abilities. It helps us find our voice. We learn to speak before audiences – both prepared speeches and impromptu ones. We learn to listen, to give feedback, and to accept it. In addition, we learn how to set goals, organize, plan the process of achieving them and monitor our progress. We learn to overcome our fears.

Besides, you enjoy your association with club as you make new friends and embark on your development journey together. You will meet people from all ages and backgrounds, different nationalities and beliefs in toastmaster clubs. Its fun to be part of toastmasters.

### LEARNING PATHS AT TOASTMASTERS CLUBS

Toastmasters' offers an education program for its members. It's called Pathways – it is the foundation of Toastmasters experience. Pathways is designed to help the members build the competencies which they personally need to communicate and lead. It offers an opportunity to build up to 300 unique competencies, 11 specialized learning paths to choose from and the entire content is available online, so that members can learn anytime, anywhere.

### SAINT-PETERSBURG TOASTMASTERS CLUB

Saint-Petersburg Toastmasters Club is the only Toastmasters club in St. Petersburg. It was started in 2016 – it is an English language club. Members and guests meet on Saturdays from 1200 to1400 hrs. Please know about our activities at <https://www.toastmasters-spb.ru/>. You can follow us on [https://vk.com/tms\\_spb](https://vk.com/tms_spb)

### MEMBERSHIP

All individuals above 18 years of age irrespective of their nationality, colour, caste or belief system are eligible to be members. To ensure that an atmosphere of fun, support, volunteering and respect for each other is maintained, Saint Petersburg Toastmasters Club has a process to approve the membership applications. The candidates with right attitude and willingness to learn are welcome to apply.

**For membership related enquiries, please contact:**

[spbtoastmasters@gmail.com](mailto:spbtoastmasters@gmail.com)

[Marina.volodchenko@gmail.com](mailto:Marina.volodchenko@gmail.com)